



## TOWN OF THESSALON COVID-19 Fitness Centre PROTOCOL

- Visitors who have a fever and/or new onset of cough or difficulty breathing and in the 14 days before symptom onset you have been to a COVID-19 impacted area, or you have been in close contact with a confirmed or probable case of COVID-19, or you have been in close contact with a person with acute respiratory illness who has been to a COVID-19 impacted area, please delay your visit **AND** contact your **health care provider or Telehealth Ontario (1-866-797-0000)**. Each User will be responsible for recording first name, last name for each person/family entering the facility.
- Every person who engages in sports or a recreational fitness activity at the facility, other than a team sport, must maintain a physical distance of at least two meters from every other person at all times during the activity. Participants must keep 2 meters spacing when using equipment i.e.; cannot use treadmills that are side by side
- The total number of members of the public permitted to be at the facility at any one time must be limited to **“4”**
- Masks must be worn on entry to and exit of the facility. Users may take masks off during workout if needed.
- Participants are encouraged to attend the facility dressed in workout attire.
- Staff will monitor usage via security camera system to ensure no more than 4 participants are using the facility at one time.
- Any equipment provided to or provided for the use of users of the facility must be cleaned and disinfected between each use. Each user will be responsible for cleaning the equipment they use. The Town will provide disinfectant wipes.
- Activities must not be practiced or played within the facility if they require the use of fixed structures that cannot be cleaned and disinfected between each use or, where used in a game or practice, at the end of play.
- Anyone entering the Fitness Centre is required to wear a face mask and use hand sanitizer(provided).
- Dressing rooms will be available per user. Social distancing rules will apply.
- 2 metre spacing will be indicated in each dressing room.
- Shower facilities are available, users should clean high touch areas before and after use.
- Public washrooms are available, users should clean high touch areas before and after use.

### **The Town of Thessalon will provide**

- Signage at the entrances to screen for wellness.
- Disinfectant wipes/cloths for cleaning equipment between use. (Cleaning persons will wash them regularly)
- Workers will wear the appropriate PPE (masks, gloves etc.)
- Signage in the facility, including dressing room doors; wash your hands, social distancing, protect your face, limit groups.
- Hand sanitizer in the main workout room.
- Enhanced cleaning of touch points in the main lobby and washrooms
- Water bottle filling station will be available, drinking fountain is not available.

Thank you for practising  
*“Social Distancing”*