# Winter Emergency Preparedness starts at home

Emergency Response starts with you; it is recommended that each home have an emergency kit and it should have everything you and your household would need to be safe and take care of yourselves for at least three days immediately following an emergency.

## What should you include in your 72 Hour kit?

- Non-perishable food: minimum three-day to one- Copies of important documents, such week supply, with a manual can opener
- Water: four litres per person, per day for drinking and sanitation
- Phone charger, power bank or inverter
- Battery-powered or hand-crank radio
- Battery-powered or hand-crank flashlight
- Extra batteries
- First-aid kit and medications
- Personal toiletries and items, such as an extra pair of glasses or contact lenses
- Copy of your emergency plan

# **Stocking Stuffers**

Looking for some gift ideas for this holiday season - we have a few ideas for you available for purchase at the Municipal Office.

#### 2024 Calendar - \$15.00

Community Events Through the Years proceeds from Calendar sales go back into community events development.

#### 2024 Horticultural Society Membership - \$10.00

Become a member of the Horticultural Society and receive a 10% discount at many local garden centres. All membership proceeds go back to the Horticultural Society.

## Stewart Highlands Season Pass - \$25.00

The perfect gift for cross country ski or snowshoe enthusiast! 2023/2024 Season Pass buttons are available as well as replacement stickers for those that already have a button and would like to reduce waste.

- as insurance papers and identification
- Cash in small bills
- toilet paper and other personal items sanitation items
- Seasonal clothing, sturdy footwear and emergency blanket
- personal protective equipment (PPE) such as medical masks
- Whistle
- Help/OK Sign: Display the appropriate side outward in your window during a disaster.

## **Winter Parking**

By-Law 1399 prohibits parking on municipal roads, streets and lanes in the Town of Thessalon between the hours of 11:00 p.m. and 8:00 a.m. from December 1st to April 30th, to facilitate snow removal.



#### Thessalon Elf On The Shelf!

Shop Eat and Love Local this holiday season while searching for the Elf on the Shelf! Elves will be hidden at participating businesses from December 1st to December 24th. Find the elf, take a picture and post it your social media account using the hashtag #ThessalonElfOnTheShelf or by filling out your Elf Passport which are available at the municipal office.

# Thessalon -Did you know?

Did you know about these services available in our community?

#### Meals on Wheels

Offered by Algoma Manor Nursing Home, meals can be delivered Mondays, Wednesdays and Fridays at cost of \$6.50 per meal.

Apply online at algomamanor.ca/meals-on-wheels or by calling Kimberly at 705-842-2650 ext. 165.

#### **Trefry Centre**

In partnership with Algoma Manor Nursing Home, the Trefry Centre often use their accessible vans for the Transportation Program.

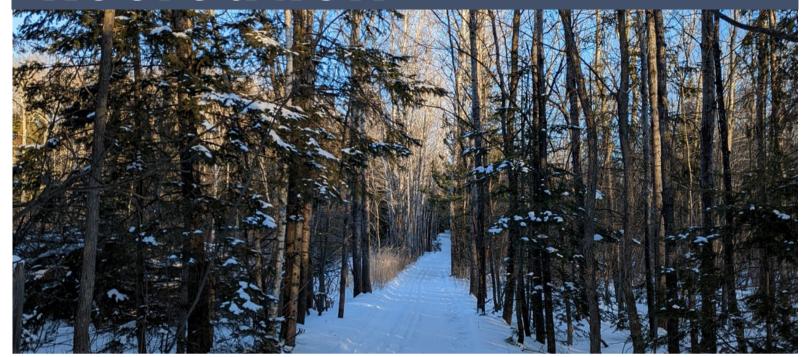
Volunteer drivers are always welcome.

If you need a ride to appointments call the Trefry Centre at 705-246-0036.



# Recreation

**f**) www.facebook.com/ThessalonRec



# Thessalon Recreational Trails Team Update

Thessalon Coastal Trail: Check out the new way finding signs around Town! The Trailhead sign will be up soon. As weather permits, stay tuned for a guided snowshoe. There will also be a Moonlight Ski & Snowshoe at

the Stewart Highlands Trail in February. Get your 2023/2024 season pass now!

# Sitting Exercise Classes

Thessalon Memorial Arena Lobby
Thursdays at 11am beginning January 11,
2024. Register at the Municipal office, 12
weeks for \$60. Improve balance, strength,
coordination & flexibility.

# Monthly Senior's Social

At the Thessalon Memorial Arena Lobby the 3rd Tuesday of every month. Board games, cards, euchre, & craft. There is tea/coffee & snack provided. If you require transportation to attend, please contact Susan at 705-842-2217 or susan@thessalon.ca



Christmas Party and Skate Thessalon Memorial Arena December 15, 6-8p.m.

- Pictures with Santa
- Kids games
- Hotdog & Hot chocolate
- Prizes

\$2 / participant



## **Public Skating**

Thessalon Memorial Arena Friday's 6:00-7:30pm \$2/per skater

### Adult & Pre-school Skate

Monday's @ 2pm. \$2 New adult size skate helpers are coming soon! If you are new to skating or have been away from it & would like some support, they will be available in December!



# Senior's Bus Light Tour & Entertainment

December 12, 2023
Join us for a FREE bus tour around town to see the lights with stops for entertainment.
Snacks and refreshments provided.

Pre-registration is required by contacting Susan at 705-842-2217 or

susan@thessalon.ca and lets fill the bus for a fun evening!
\*Date is subject to change

#### **Pickleball**

Indoor play at Thessalon Public School gym. Mon. & Wed. 6:30pm-8:30pm. Register at the Municipal Office.

#### Volunteers Needed!

Please reach out to susan@thessalon.ca if you are interested.